

Afternoon Talk

“Leading From Your Center” by Kristen Harris

The unparalleled pace and scale of change today is creating chaos that oftentimes feels crushing to success realization! Operating within perpetual dynamic tensions and the unexpected, our roles have become harder. How can we inspire our teams and organizations through the chaos? It starts with You, in the Center. **Leading from Your Center** goes beyond techniques in navigating middle management and matrix organizations. This session focuses on how each of us, as leaders, can inspire team members to aim for their potential and help organizations to make an impact. We'll focus on how to use your mind, your gut, and your heart to **Lead from Your Center** while we explore real-world insights and practical guidance.

Foundations of Leading from Your Center

- Using your Mind: the power of the What & How: Embrace the rational, analytical thinking, and data
- Going with your Gut: know the Why: Strategy & Vision, but also feelings, trust, loyalty
- Listening to your Heart: Create relational Connections with humility, unification, empathy

Understanding how Leading from Your Center Works

- Your Core: Build your leadership foundation
- Strategy - It's not just linear and logical from the top
- Results - Resisting a fixed mindset and rigid practices
- Change - Dealing with change that is profound and persistent
- People - Work is only done through relationships

Presented with authenticity and heart, **Leading from Your Center** will have you rethinking how you inspire yourself, your teams, and the entire organization.

Takeaways:

- Overview of the opportunity for Centered Leadership
- Understand what it means to Lead From Your Center
- Keys to how to build your leadership foundation with knowledge, power, and courage
- Apply centered techniques to navigate successful development and execution of Strategy, Results, Change, People
- Move from Best Practices to Next Practices