

Acey Holmes



Acey Holmes is a passionate advocate for infusing workplaces and lives with joy and connection. With a contagious enthusiasm and a vibrant sense of humor, Acey specializes in delivering captivating talks, interactive workshops, and insightful consulting services that harness the power of play and flow to enhance productivity, fulfillment, and untapped potential.

Acey's unique background, which includes education and speech language pathology, coupled with her expertise in the latest research on play, flow, and the neuroscience behind them, allows her to skillfully translate complex concepts into engaging and entertaining narratives. Her sessions are less like traditional lectures and more like stimulating recesses for the mind, making it easy for audiences to grasp the significance of play while equipping them with practical, actionable tools to infuse more playfulness and flow into their daily routines.

As a playful work design consultant, Acey has made a positive impact on numerous teams and organizations. Her approach centers on kindling creative thinking and fostering deeper connections through tailor-made trainings and workshops rich in evidence-based play and flow techniques. Whether you're looking to elevate workplace morale, strengthen bonds among colleagues, or seek fresh ideas to combat monotony and stress, Acey's distinctive blend of expertise and unwavering enthusiasm is certain to ignite inspiration.